

FINDING STRENGTH

2009 Annual Report

Special points of interest:

- Remarks from a client, program facilitator, and the Board President
- 2009 Outcomes Report, including financial, program statistics, and risk reduction results.
- Taking a look at the future of CTSI.
- Special thanks for all your help.
- Suggestions on how to get involved.

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From the Executive Director

Dear Friends,

2009 has been a year of tremendous growth for CTSI by any measure. This past year our staff provided more than 23,000 hours of direct service to our clients, up from nearly 15,000 in 2008.

This is a significant milestone for us and it means, most importantly, that we're reaching more people and providing services needed to help them make positive life changes. Another high water mark for us this past year was the graduating of 53 individuals from our program! The graduation ceremonies held monthly are the culmination of the hard work our clients have put forward, and the faith and courage they have demonstrated in addressing the problem areas of their lives that have kept them from being successful in the past. The ceremonies have become so big involving family members and other loved ones that we have had to hold these events off-site to accommodate everyone. This is a good problem to have!

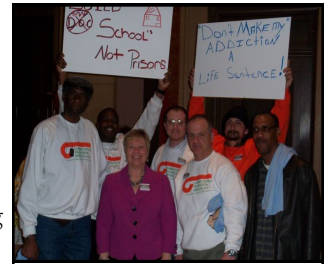
Through our monthly Alumni meetings we stay connected with our graduates to offer support and are continually amazed with the next steps these men have taken in their lives. One has become a motivational speaker at the local level where he continues to inspire others. Another has taken upon himself to begin the first chapter in our state of Criminals & Gang Members Anonymous (CGA), a 12-step and faith guided effort to reach individuals seeking a way out of that destructive lifestyle. Other alumnus are attending college, holding jobs, being active parents, and providing services in other ways to help others as they have been helped in the past.

Completing our third year of operations, CTSI has conducted the most exhaustive outcome study to date with the focus on the risk areas we target through our services. We're proud to say that the data shows significant risk reduction in the life areas we seek to affect; yet we know our work has only begun.

As we move into 2010, CTSI is looking forward to the challenges and opportunities that are before us and are guided by our core belief that all people have the ability to make positive life changes if provided the right opportunity. It is our goal to continue to improve and offer more opportunities for the men and women who have placed their trust in us as they face the greatest challenges of their lives.

I offer my sincere thanks to all of you for your tremendous support last year. The successes of our clients would not have been possible without your active support and it's my hope that you will continue to stay connected and witness lives being transformed.

Thank You,
Gratefully Yours,
Paul A. Kustermann



Paul Kustermann and CTSI Staff posing with Senator Linda Higgins.

Words from a Facilitator



My name is Joe Bowers. I am pleased to say that I'm a Chemical Dependency Counselor who has worked at CTSI for over two years. I facilitate a program group and conduct oversight of the house units.

I was inspired by Paul Kustermann, the Director and Founder of CTSI when we first met in 2007. He shared a dream of creating a treatment center for underprivileged ex-offenders needing chemical dependency treatment as well as boarder lifestyle programming to assist in their transition back into the community. I received a call from Paul asking me to facilitate a relapse prevention group

and to oversee the new sober housing. This was the beginning of an unbelievable journey.

The service began small in 2007, grew in 2008, and began booming in 2009. CTSI soon became the best Chemical Dependency treatment program in the Twin Cities. We have a diverse and committed staff able to address client issues. Our programs focus on client treatment needs from pri-

mary treatment, secondary, aftercare, sober housing, job placement, educational programs, and alumni programs. This holistic approach has helped many clients maintain their sobriety and move forward with long-term recovery. Today, I still hold my position and remain firm in my commitment.

-Joe Bowers

On a Journey of Hope



Manu Lewis in front of CTSI's Core Values

I am blessed to have been a client at CTSI. I was on a path that was leading me back to the streets and a destructive way of life.

At first I thought CTSI had little to offer me, yet as I endured the program I realized CTSI was made for me. After learning about myself and the criminal lifestyle, I found my

true path in life— helping someone else step out of the lifestyle of death and destruction.

I now co-facilitate Criminals & Gang-members Anonymous. This program addresses the addictive lifestyle of the street-life, and how it's road only leads to prison or the graveyard. I also do social awareness & community activities that consist of vigils,

public speaking, and youth development.

Life is now worth living and worth sharing. I am a product of CTSI's opportunities; now I have the opportunity to bring hope to the hopeless. As long as I am allowed, I will be apart of CTSI and likewise CTSI will always be apart of me.

- Manu Lewis

Comment from the Board President



2009 has been a tremendous year of accomplishments for CTSI. I will not repeat here the program numbers that appear elsewhere in this report. Instead, I want to speak about the feelings of

serving on the board of directors for this organization.

I feel admiration for our program participants and graduates, who courageously address the most difficult challenges in their lives and support each other in overcoming great obstacles, to return to their families and communities as parents, spouses, neighbors, workers.

I feel great gratitude for our staff, who work in these programs with such respect, honoring the dignity of all who come through the door and challenging them to be the best they can be. I feel great pride in the program developed at CTSI under the leadership of Paul Kusterman. I feel hope in the future work of CTSI and the lives of those who will be touched by this program

in the coming year.

As we come to the end of this year, I will be stepping down as Chair of the board but will continue to serve as a member and do what I can to support this very important work. Please welcome the new board chair, Mr. John Dillon.

-Frank Schweigert

2009 Service Stats

Service Hours:

One to One Counseling—1250
 Chemical Dependency Group—3159
 Relapse Prevention—1529
 Fundamentals of Recovery—878
 Adult Basic Education—513
 Moral Recognition Therapy—3119
 Anger Management—1491
 Family Education—861
 Family Sessions—25
 Money Works—601
 Spiritual Development—981
 Comm. Engage/Educate'n—868
 Career Education—473
 Restoration Therapy—2229
 Lifestyle Enhancement—940
 Continuum of Care—427
 Art Therapy—451
 Computer Basics—40
 Satisfaction Assessment—152
 Total Hours—23823

Total Clients Admitted: 163

Male: 98%
 Female: 2%
 Black: 64%
 White: 26%
 Hispanic: 2%
 American Indian: 5%
 Asian: 2%
 Other: 1%

Ages: 18-25 (27%)
 26-35 (32%)
 36-45 (28%)
 46-55 (9%)
 55 and older (4%)

Average length of program:
 71.3 days. Range: 0-289 days.
 Average number of hours completed:
 0-146.8. Range: 0-470 hours.

Looking Forward...

Correctional Transition Services, Inc. (CTSI) has provided a unique niche chemical dependency treatment program in North Minneapolis for over three years. Our services include chemical dependency treatment, cognitive behavioral re-structuring intervention and life skill services that encourage change through personal responsibility and accountability.

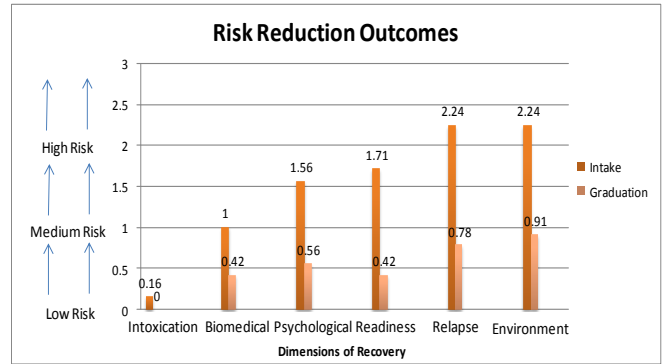
The success of CTSI is directly attributable to the distinctive quality of our Day One treatment program and the commitment and dedication of our staff to include contractors, board of directors, volunteers, and other contributors. While these important factors will remain central to our success, CTSI will continue our progress and development by expanding services that address the pressing needs of our clientele such as female services, career education, employment opportunities, and program housing.

CTSI is at a crossroads in our development. Our Day One program is on the cutting edge of accepted research and practice. We are positioned to be the leading community-based treatment provider for individuals transitioning from the criminal justice system. We will continue to innovate and broaden our services to provide our clients the best opportunity to make the positive life changes that will benefit themselves, their families and their communities.

With these pressing needs in mind, CTSI plans to grow and expand its programs and services in the following areas:

- Establish an additional location in which to accommodate anticipated growth and expansion of services.
- Expand our programs and services to the underserved female population.

Risk Reduction Results



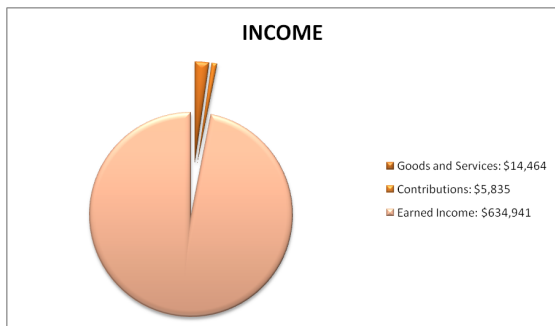
Risk Reduction Outcomes—The outcomes were established using the DAANEs data reported to the State. This graph illustrates the mean of client risk in six separate dimensions; Intoxication (and withdrawal), Biomedical (physical health), Psychological (disorders), Readiness (for change), Relapse Potential, and Recovery Environment. A rating of 1 is low risk, 2 is medium risk, 3 is high risk, and 4 is severe risk.

- Provide housing for both male and female clients who often come to us without a place to stay.
- Provide enhanced career education and employment opportunities for our clients as they begin their transition back into their communities.
- Develop strategic partnerships with other organizations to build synergies that increase resources and services in our community.

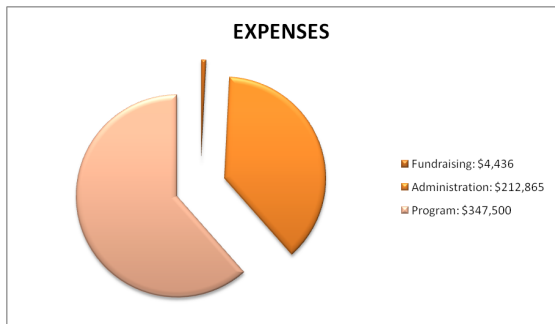
As CTSI looks to the future, we will remain committed to our mission as we continue to grow and expand operations to meet our vision to become a multi-county leader in providing individuals with comprehensive, community-based programming aimed at breaking the cycle of relapse and recidivism and restoring their positive role in their families and communities.

2009 Financial Snapshot

Total Income: \$655,240



Total Expenses: \$564,801



You Can Help...

Volunteering—Let us know if you are interested in volunteering at CTSI. We are interested in volunteers to serve as guest speakers for various groups. Whatever your interests, we would welcome an opportunity to meet with you and discuss ways you can become involved.

Employment—If you are able to employ our graduates, we would love to speak with you about creating a mutually beneficial partnership. We have highly skilled individuals with career education training. Our alumni are employment ready and able to bring you value.

Donations—For those who are able to donate items to CTSI, here is a list of needs:

Household Items:

- Twin Sheets
- Blankets
- Pillow Cases
- Towels/Washclothes

IT Equipment

- Phone System w/ Conference Calling Ability
- Computers

Gift Cards/Store Credit

- Office Supplies
- Groceries
- Household Goods

Any other donations are always appreciated!

A Special Thanks...

Board of Directors:

John M. Dillon
Lawrence Hart
Ruth Johnson
Steve Rice
Frank J. Schweigert
John Walker

Friends of CTSI:

Otto Bremer Foundation
Bremer Bank
Non Profit Assistance Fund
Papa's Pizza & Pasta
Mac Carkhuff Foundation
Kevin Fox & Associates
Jordan New Life Church
Christian Restoration Services
Lowry/Emerson AA
Charity Inc.
Georgia Lindeke
Bethel College
Adler Institute

A Special Thanks to Donors:

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K and M Bjork
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Reathon and Kathy Chem
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Ralph and Darlene Church
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Katie Shaw-Kelly
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Nancy Solum
Roger and Laurie Solz
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Joseph and Joy Stinson
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Dan and Mary Toycen
Jane and John Truckenbrod
Dale Ulbrich
Dawn and Rick Varholdt
Thomas and Linda Winn
Pete Shuster
Margaret Witt

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