



What we provide to re-enterers:

- Emotional management training
- Decision making skills
- Interpersonal skills training
- Attitude transformation
- Empathy skill development
- Community building
- Trust, respect, nurture and care
- Self responsibility development
- Positive resources identification
- Development of healthy relationships
- Access to resources



Vision and Mission

The vision of A Center for Relational Living is a life affirming organization, with a focus on building community that includes diverse cultures and disparate points of view, in order to reveal the unity and interconnection of all people.

The mission of A Center for Relational Living is to create community where core values of equality, compassion, trust, balance and authenticity are expressed and experienced. The work is accomplished through dialogue, facilitation, counseling, mentoring, consulting, teaching, support groups, advocacy and fun.

A Center for Relational Living, Inc.

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"Everyone deserves a second chance"

The Second Chances Mentoring Program

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Did you know...

- Delaware had the 7th highest incarceration rate in the nation in 2008.
- Delaware spends about \$250,000 million per year on corrections.
- Delaware ranked 46th out of 51 (including Washington, DC) for having the most roadblocks to re-entry for those returning from prison.
- Delaware spends 36% more and imprisons 19% more citizens than the national average.

Reported by
http://www.caesarrodney.org/pdfs/Corrections_Department_Savings.pdf



Mentor Today, Change Lives Tomorrow

Who have you helped today?

Research continues to highlight the positive results of the incorporation of a formal mentoring relationship in the lives of formerly incarcerated men and women. Providing a mentor can produce positive effects and improvements in social behaviors and outcomes. Far too often, formerly incarcerated men and women do not have access to a positive role model, and therefore easily revert to destructive behavior. By introducing a positive influence in the form of a mentor, we are hoping to change the frightening statistic that over 60% of those formerly incarcerated will return to prison.

As men and women are released from prison it is our goal to help them reintegrate successfully into our communities. This creates a stronger community and a safer environment for all. The re-entry process can be extremely difficult to navigate alone, however, with the assistance of a resourceful mentor, this journey can become manageable.

A Center for Relational Living (ACRL) provides re-entry training for all mentors and participants in the program. We conduct thorough screens and interviews to ensure that our matches have the highest chance of success. As stated by a formerly incarcerated person, and a previous program participant, "I had a mentor when I was released and have not returned (to prison) in four years, which is great since I use to be back at least once a year. And all my mentor did was listen to my struggles, such as finding a job instead of burglarizing homes. Now I am able to give back by mentoring and continuing the cycle of helping people."

Our goal is to have more success stories as the one above, and we believe that we can achieve that milestone by involving more dedicated people to assist in making our community our better place.